Each milliliter (mL) of Sucraid contains 8,500 International Units of sacrosidase. Sucraid does not contain isomaltase, which means that Sucraid does not break down some sugars resulting from the action of isomaltase. Sucrase hydrolyzes the disaccharides sucrose (table sugar) and lactose (milk sugar). Lactase is not necessary for the absorption of these sugars. Sucrase is needed for the absorption of sucrose. Sucrase deficiency results in significant difficulties in digesting carbohydrates. Congenital sucrase-isomaltase deficiency (CSID) is a chronic, genetic disorder characterized by severe carbohydrate malabsorption that is usually present from birth or early infancy. Other serious events have not been linked to Sucraid.

Note: diarrhea and abdominal pain can be a part of the clinical presentation of CSID.

INFORMATION FOR PATIENTS

The name of your medicine is Sucraid® (sacrosidase) Oral Solution. This medicine is taken by mouth. Each dose of Sucraid contains 200 International Units of sacrosidase and is nonprescription. It is important to take Sucraid as your doctor has prescribed. It is recommended that approximately half of the dosage be taken at the beginning of the meal or snack and the remainder be taken during the meal or snack. Rinse the measuring scoop with water after each use.

Sucrase is an enzyme that breaks down sugars to monosaccharides

CONTINUE READING...
Breakfast

- Scrambled eggs
- Eggs mixed with sausage*, cheese, green peppers, tomatoes, and mushrooms
- Milk
- Cottage cheese
- Blueberries
- Milks
- Scrambled eggs
- Milk
- Grapes
- Chicken salad (no sugar)
- Milk
- Grapes
- Cheese cubes
- Blueberries
- Plain yogurt (no sugar), mix in blueberries and milk
- Baked, grilled, or broiled tomatoes, and mushrooms
- Hard-boiled eggs
- Water, milk, or milk substitutes

Lunch

- Pita sandwich with fresh vegetables; use as a dip for ranch dressing***
- Ground turkey or chicken – milk
- Ground beef, canned tomatoes, celery, broccoli, and mushrooms; use as a dip for ranch dressing***
- Milk
- Mix mashed avocado, sour cream, and/or radishes) and mashed potatoes
- Green beans
- Grilled or baked chicken
- Swiss cheese
- Mixed green salad, tomatoes (no sugar)
- Spinach with butter
- Grilled or baked fish
- Grilled or baked meat/cheese, mustard for a dipping sauce
- Baked, grilled, or broiled turkey
- Grilled or baked eggplant, and mushrooms
- Tossed salad with dressing**
- Grilled or baked eggplant – ground beef, canned tomatoes (no sugar), mustard, cheese, sour cream, and/or radishes
- Tossed salad with dressing**
- Grilled or baked eggplant
- Tossed salad with dressing**

Dinner

- Grilled or baked chicken
- Ground turkey or chicken – milk
- Ground beef, canned tomatoes, celery, broccoli, and mushrooms; use as a dip for ranch dressing***
- Milk
- Grilled or baked pork chops
- Ground turkey or chicken – milk
- Ground beef, canned tomatoes, celery, broccoli, and mushrooms; use as a dip for ranch dressing***
- Milk
- Baked, grilled, or broiled fish
- Grilled or baked meat/cheese
- Baked, grilled, or broiled turkey
- Grilled or baked eggplant, and mushrooms
- Tossed salad with dressing**
- Grilled or baked eggplant
- Tossed salad with dressing**

Snacks

- Unsweetened yogurt, sweetened with dextrose or fructose
- Blueberries or strawberries sterilized
- Cottage cheese, sweetened with dextrose or fructose
- Blueberries or strawberries sterilized
- Cheese sticks or cubes
- Meat balls (roll up turkey and cheese with cream cheese)
- Bowl of strawberries, kiwis, grapes, and/or blueberries
- Grilled or baked chicken
- Swiss cheese
- Mixed green salad, tomatoes (no sugar)
- Spinach with butter
- Grilled or baked fish
- Grilled or baked meat/cheese, mustard for a dipping sauce
- Baked, grilled, or broiled turkey
- Grilled or baked eggplant, and mushrooms
- Tossed salad with dressing**
- Grilled or baked eggplant
- Tossed salad with dressing**
- Grilled or baked eggplant
- Tossed salad with dressing**

Notes

* All meals should be foods, avoid fillers and sugar. Meals cured with dextrose would be acceptable.

**Choose a mayonnaise that does not contain sucrose or starch.

***Choose a mayonnaise that does not contain sucrose or starch.

Notes

- Take Sucraid® (sacrosidase) Oral Solution as prescribed with all meals and snacks.
- If you do not drink cow's milk, be sure to substitute with Lactaid™ milk or a sugar-free, plain or unsweetened or skimmed milk.
- Always read food labels. Even if a food is listed here, check the label to make sure it is safe as ingredients are constantly changing.
- Dextrose can be purchased online from NOW® Foods (nowfoods.com) or from local breweries. Dextrose can be used in place of sugar.
- You can buy fructose at the grocery store on the side where other sugars are found. Fructose can also be ordered online from NOW® Foods. Fructose can be used in place of sugar.
- Talk to your physician or dietician about the overall completeness of your diet and take vitamin and mineral supplements as recommended.

INDICATION:

Sucraid® (sacrosidase) Oral Solution is an enzyme replacement therapy for the treatment of genetically determined sucrose deficiency, which is a part of congenital sucrase-isomaltase deficiency (CIS).

IMPORTANT SAFETY INFORMATION FOR SUCRAID® (SACROSIDASE) ORAL SOLUTION

- Sucraid® may cause a serious allergic reaction. If you notice any swelling or difficulty breathing get emergency help right away.
- Sucraid® does not break down some sugars that come from the digestion of starch. You may need to restrict the amount of starch in your diet. Your doctor will tell you if you should restrict starch in your diet.
- If you do not drink cow's milk, be sure to substitute with Lactaid™ milk or a sugar-free, plain or unsweetened milk. If you do not drink cow's milk, be sure to substitute with Lactaid™ milk or a sugar-free, plain or unsweetened milk.
- Tell your doctor if you have diabetes as your blood glucose levels may change if you begin taking Sucraid®.
- Tell your doctor if you have diabetes as your blood glucose levels may change if you begin taking Sucraid®.
- If you take Sucraid® with fruit juice, tell your doctor. Take Sucraid® as prescribed by your doctor. Normally half of the dose of Sucraid® is taken before a meal or snack and the other half is taken during the meal or snack.
- Take Sucraid® as prescribed by your doctor. Normally half of the dose of Sucraid® is taken before a meal or snack and the other half is taken during the meal or snack.
- You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.